WHEREAS, problem gambling is a public health issue with research indicating it affects six million adults and one million youth in America of all ages, races, and ethnic backgrounds; and

WHEREAS, thousands of adults and adolescents in Washington have experienced severe gambling problems in their lives; and

WHEREAS, problem gambling has a significant societal and economic cost for individuals, families, businesses, and communities; and

WHEREAS, problem gambling/gambling disorder is treatable, and treatment is effective in minimizing the harm to individuals and society as a whole; and

WHEREAS, public awareness and treatment have been proven to limit the rate of problem gambling and suicidal ideation in Washington and other states; and

WHEREAS, it is important that the gambling industry and the mental health, primary care, treatment, and recovery communities join together to increase public awareness of problem gambling and its high co-occurrence with anxiety and substance use disorders, and to take measures to address this addiction;

NOW, THEREFORE, I, Jay Inslee, Governor of the state of Washington, do hereby proclaim March 2023 as

Problem Gambling Awareness Month

in Washington, and I encourage all people in our state to join me in this special observance.

Signed this 20th day of February, 2023

Governor Jay Inslee