



How to Take Action...



Seven Ways to Add Problem Gambling to the Mix

Nearly all U.S colleges and universities have policies on student alcohol use; however, only 22 percent have a formal policy on gambling (National Council on Responsible Gaming, 2011).

1. Develop Campus-Community Collaborations

- Establish a planning group with educators, administrators, counselors, athletic director, students, and other stakeholders
- Encourage restrictions on advertising to minors

2. Include Gambling Questions in Student Surveys

- Add gambling related questions to college health assessments to gauge gambling activities and behaviors
- Provide baseline data for how many students are gambling on your campus and the link to other risky behaviors
- Add screening questions for counselors for alcohol and drug assessments

3. Promote Campus-Wide Education on Gambling and Gambling Disorders

- Hold presentations and workshops in health classes and resident halls
- Provide facts, statistics, responsible gaming, and helpline information through brochures, table tents, posters, radio announcements, and campus newspaper's
- Seek training for health educators and counselors
- Make it easy...tie gambling into existing health programs (alcohol, suicide, violence, etc.)
- Get involved in National Problem Gambling Awareness Week, March 4-10, 2012

4. Coordinate with Academic Departments to Include Gambling-Related Material in Current Curriculum

- Add gambling information to Public Health, Community Health, Health and Wellness, Psychology, Sociology, Statistics (odds of winning), and Hotel or Hospitality Management

5. Include Gambling Information in the Student Health Section of your School's Website

- Provide links to problem gambling resources
- Publish institutions' policies and rates of gambling
- List risk factors for problem gambling, types of gambling, warning signs, and drug and alcohol association
- Provide tips on responsible decisions and where to find help for gambling problems

6. Campus Policy Development and Implementation

- Does your campus have a gambling policy?
- Review NCAA athlete gambling policy
- Block Internet access to online gambling sites
- Show examples of harm reduction ideas/tips

7. Incorporate Gambling Information in Student Orientation Programs

- University's policy on underage gambling or gambling on university computers
- University's policy on using university-owned computers or networks to gamble
- How to identify problem gambling
- The link between gambling disorders and other addictive behaviors